



Amatsu Spa at The Sky Lodge • 435-658-9411

- Personalized body, massage and beauty rituals • Six luxurious treatment rooms
- Tea room • An infused, organic Zen-influenced experience • Valet parking

OFURO BATHS

Amatsu is pleased to introduce our traditional Ofuro Bath Experience. Our handmade, wooden Ofuro tubs bring back the ritual of the Japanese bath. The Japanese bath means much more than just getting oneself clean. It is a self-guided journey in cleansing, soaking and meditation to be experienced along with your massage or body treatment.

Having shed your clothes and concerns, sit down on a cedar stool for a Japanese shower experience. After having cleansed with our Plum Wine Body Wash and rinsed thoroughly, step into the wooden Ofuro and sink slowly into the deep, pure and clean hot water. Soaking, submerged to the chin, it is a time for repose and contemplation, a sensual pleasure and a feeling of well-being and harmony as you relax to soothing music, the warm scent of Hinoki wood and the calming effect of water.

Ofuro Baths are complimentary with all massage and body ritual treatments.

BODY RITUALS

Imagine... a body treatment designed for the way you feel. Cleansing, scrubs, massage and finishing hydration are part of all our unique body rituals. Evaluate your mood and choose a treatment based on your own needs.

Meditate: Plum Wine & Cucumber

30 minutes

\$ 80

Begin this relaxing ritual with a cooling cucumber botanical scrub to cleanse and exfoliate, leaving your skin glowing. Next comfort your senses with the soothing aromas of a Plum Wine shower. Your treatment is complete with a full body Cucumber Cream application that is deeply hydrating.

Purify: Oriental & Green Tea

50 minutes

\$135

Indulge in a cleansing Green Tea Body Buff to scrub away environmental impurities. This prepares your skin to be wrapped in an anti aging Green Tea Body mask rich in antioxidants. Shower with our vitamin enriched Green Tea Body wash, and replenish the skin with an Oriental Oil application.

Awaken: Bamboo & Ginger Wasabi

50 minutes

\$135

Enjoy the rejuvenating effects of our Ginger Wasabi Bamboo Scrub leaving your skin exfoliated and replenished. Open your pores to a healing and detoxifying Ginger Wasabi Mask. Step into an awakening Plum Wine Body Wash shower, which will cleanse your skin while replacing lost vitamins and minerals. Finish with a Green Tea Cream to heal and protect the skin leaving you feeling revived.

Breathe: Japan

80 minutes

\$195

Escape with our most luxurious body ritual of flowers, fruits and minerals. Your treatment begins with a cleansing purification in our Ofuro soaks and a deep scrub with a healing Bamboo Polish. This elegant ritual includes Green Tea Gel Masque followed by a hydrating Plum Wine Wash shower. Finish your treatment with a moisturizing cucumber cream.

MASSAGE RITUALS

Amatsu Signature Massage

50/80 minutes

\$110/\$145

Our signature massage ritual combines traditional eastern modalities and integrative techniques with a classic massage for a deeply meditative massage experience. Light to medium pressure.

Amatsu Therapeutic

50/80 minutes

\$150/\$180

Slow deep pressure strokes that target underlying layers of muscle tissue to alleviate pain, loosen tension and diminish knots.

Amatsu-Ni (couples massage)

50/80 minutes

\$220/\$290

Experience our signature massage made for two. Sink deeply into private ofuro baths and shower in our couple's suite. Limited Availability. Also available as a Therapeutic for an additional price.

Bamboo - Koi Stone Massage

80 minutes

\$160

Inspired by the graceful movements of the Koi Fish swimming through water. Warmed basalt stones are used in flowing and gliding massage movements to provide a deeply soothing and grounding experience. Combined with warm bamboo sticks makes this the ultimate Amatsu experience. By Special Appointment.

MASSAGE RITUALS (cont.)

Tasan Mother Massage

50 minutes

\$115

Peace for the mother-to-be. A rhythmic massage and vitamin rich oils soothe the spirit and soul. Gentle rocking and soothing strokes focus on easing the tension brought on by this joyful event.

Sky Lodge In-Suite Massage

50/80 minutes

\$135/170

Guests of The Sky Lodge may experience a relaxing massage in the comfort of their private hotel suite.

ENHANCEMENTS

The following treatments may be added to customize and enhance any of our Amatsu Rituals.

Focal Point Massage

25 minutes

\$ 60

This 25 minute massage is customized to focus on an area of your specification. This massage may be booked as an add-on or a quick fix treatment.

Reflexology

25 minutes

\$ 45

Pressure point therapy on your feet that corresponds to systems and organs of the body to encourage overall balance and health.

Amatsu Scalp and Hair Treatment

30 minutes

\$ 60

Begins with a stimulating scalp massage using our Ginger Wasabi Gel. A split end treatment with Extra Virgin Coconut Oil is applied followed by a Green Tea Masque. To finish your hair is cleansed with Green Tea shampoo and conditioner. Limited Availability.

SKINCARE RITUALS

Amatsu Custom Design Facial

50/80 minutes

\$115/150

In keeping with our tradition of personalized services, a customized blend of products and treatments will be used throughout your skincare treatment. This ritual provides deep cleansing, toning, masques, and hydrating treatments for your specific skin needs. This is an ideal facial for both men and women.

Amatsu Specialty Facial

50 minutes

\$125

An individualized facial created to soothe environmentally damaged and problem skin. Each treatment includes an individual collagen mask and specialized treatments to aid in the healing of troubled skin. Great for acne, wind damage, sun burned or extra sensitive skin.

Paraffin Hand Add On

\$ 15

HAND AND FEET RITUALS

A soothing soak, deep cleansing, scrub, masque and soothing massage are all part of these rituals. Your hands and nails are groomed and buffed to perfection and topped with your choice of polish.

Ginger Wasabi Manicure/Pedicure

35/60 minutes

\$ 40/55

To warm up cold extremities.

Plum Wine Manicure/Pedicure

35/60 minutes

\$ 40/55

To soothe aching feet.

Simple Manicure/Pedicure

25/30 minutes

\$ 30/40

A brief treat for your nails. Lotion application, file, and polish of your choice.

French Manicure/Pedicure Add On

\$ 15

Paraffin Manicure/Pedicure Add On

\$ 15

WAXING SERVICES

Inquire about our waxing services. Complete waxing services are available.

Amatsu Policies: Amatsu guests must be at least 18 years of age, or accompanied by an adult • Undergarments may be worn although most body treatments are enjoyed without clothing; our experienced therapists are trained to drape to your comfort level • Guests must cancel at least 24 hours before time of services to avoid being charged the full amount of treatment cost • Amatsu is not responsible for any lost or stolen items; please leave valuables in your hotel suite, home or locker room • Out of respect for other guests, please refrain from using your cell phone while enjoying your treatment time

AMATSU

Amatsu at The Sky Lodge

201 Heber Avenue @ Main Street • Park City, Utah

435-658-9411 • TheSkyLodge.com

Prices and treatments subject to change.